



## COVID – 19

### Policy Statement

## Community Learn to Swim Programme

### East Hill Pool

We want to assure you that the school is doing everything possible to minimize the risk from Coronavirus Covid-19 for its teachers and customers. The Following specific procedures will be put in place. More detail can be found in the Schools Risk Assessment and Normal Operating Procedure and Emergency Operational Procedure for Covid –19.

We are following the guidance from <https://www.swimming.org/swimengland/pool-return-guidance-documents/> who are the industry body within the UK, as well as following the schools own guidance to ensure that the swimming lessons are as enjoyable and safe as possible.

- The staff will be briefed on the updated RA and NOP/EOP
- The staff are aware of the RLSS (Royal Life Saving Society) recommendations for dealing with an emergency on poolside and provided with the correct PPE to deal with the emergency. Any school medical advice will also need to be adhered to.  
<https://www.rlss.org.uk/Handlers/Download.ashx?IDMF=d9dff068-014e-4118-92b2-563a352252d9>  
P9-15
- A Declaration form will need to be completed and signed by the parent/guardian and returned to [swim@ashfordschool.co.uk](mailto:swim@ashfordschool.co.uk) before the first session. If the form is not returned the swimmers will not be able to attend the sessions.
- Please do not come to your lessons if you, or anyone in your household have any signs of Coronavirus COVID-19 Symptoms (see gov.uk for guidelines <https://www.gov.uk/coronavirus> ). Those who are at high risk or shielding should always follow the medical guidance issued to them.
- **The swimmers will meet outside the Refectory Gates entrance at designated social distancing points and will be walked up to the swimming pool 5-10 minutes before the start of the lessons.**
- Ashford School reserves the right to refuse entry to the swimming pool if a swimmer is late for the lesson.
- Spectators are not allowed onto the school premises to observe lessons for Swim Academy.
- Parents/adult helpers for swimmers under 7 are expected to attend lessons, children over 7 do not have to have a parent/helper in attendance but parents are expected to wait in the Car Park during the lesson.
- There is a strict 1 adult per child policy.



- Please respect social distancing guidelines. You must remain seated once placed there by our lead to ensure we adhere to all social distancing guidance.
- Poolside showers are out of use.
- Swimmers are to arrive swim ready.
- The changing rooms will be open but it is preferred that swimmers go home wet. The changing rooms are only open for 15 minutes after the end of the lesson as the area needs to be cleaned.
- Please adhere to the one-way movement throughout the swimming pool area.
- Instructors will deliver lesson from poolside to support current social distancing guidance
- The maximum number of swimmers in the swimming pool at one time will be 20
- Swimmers must bring their own goggles. Spare goggles will no longer be available to borrow
- We recommend and encourage swimmers wear swimming hats. If no hat – long hair must be tied back.
- Equipment will be available for lessons which must be completely submerged in pool water at the beginning and end of lesson, in order to sanitise it. We encourage swimmers to bring their own float and noodle.

## **ENTRY TO THE SWIMMING POOL**

- All doors in the swimming pool will be propped open to avoid personal contact
- The Fire Exit at the back of the swimming pool will be kept open during the swimming lessons to improve ventilation.
- A hand gel is available at the entrance of the swimming pool and should be used on entry to the swimming pool.
- The swimmers will go straight to the poolside to their designated lane or place. The swimmer will have their costume already on.
- The swimmer will enter the water for the session on guidance from the teacher
- Swimmers will be given a basket on entry to the swimming pool to use for their clothes.
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## **DURING THE SESSION**

- The swimmers will be given a designated stopping and starting point during the lesson.
- The teacher will ensure that where possible they remain 2m away and no closer than 1m from the swimmer during the lesson.
- Swimmers are encouraged not to cross over into another lesson or to move towards another swimmer in the lesson.
- Swimmers are expected to swim in the correct direction for your lane or your area as directed by the teacher
- When stopping swimmers must breath away from any fellow swimmers and when passing while lane swimming please breath to the opposite side.



- If the swimmer feels ill or is upset, then the Lead Teacher will be alerted and the swimmer will be assessed and if able to walk, escorted to their parents following the one-way system around the swimming pool. The parents will not be able to sit on poolside next to the lesson.

## **EXITING THE POOL**

- At the end of the session the swimmer will put their equipment under the water and place the equipment in a designated place as directed by the teacher.
- The swimmers under direction of their teachers will exit the pool using the one-way system indicated by the Lead Swimming Teachers, walking socially distancing along the side of the pool to the exit, using the markers on poolside.
- It is important to remember that parents and swimmers cannot wander around the site at any stage of the evening as it is a boarding school and we must respect the pupils in attendance.
- It is preferred that swimmers go home wet where possible, however, if the swimmers need to change the swimmers will be directed to the changing rooms.
- Swimmers using the changing rooms will take their clothes into the changing rooms using their allocated basket and must social distance in the changing rooms.
- The number of swimmers in the changing rooms will be carefully controlled by staff. There will be a maximum of 6 swimmers in the changing rooms at any one time.
- Please exit the poolside area as quickly as possible at the end of the session to allow for the session changeover.
- Swimmers/parents will be walked down to the Refectory Gate once everyone is changed.

We thank you for your cooperation re adhering to the guidance. These policies will be reviewed on 17<sup>th</sup> May or as guidance changes to allow the school to adapt and update procedures as the need arises.